

Register Online: <http://tinyurl.com/2017SFFBcamp>

Spring-Ford Rams Football Camp

Name: _____ Entering Grade: _____ School: _____
Address: _____ City: _____ Zip: _____
Contact Phone # (Home): _____ (Cell): _____ (Email): _____ Relationship: _____
Emergency Contact Name & Phone: _____
T-shirt Size (Please Circle One): YM YL Adult S Adult M Adult L Adult XL
I give my consent and approval to the Spring-Ford Football Camp, its coaches, staff, and / or employees to act on my behalf in securing medical attention for the above applicant from a licensed physician or hospital.
Signature of Parent or Guardian: _____ Date: _____
Insurance Company: _____ Policy #: _____

Please register online at

<http://tinyurl.com/2017SFFBcamp>

or

Fill out the gold form with the correct information and send check, payable to Spring-Ford Area SD c/o Football, (and form) to:

Spring-Ford Rams Football Camp
C/O Chad Brubaker, HFC
350 S. Lewis Road
Royersford, PA 19468

If you have any additional questions, email Coach Brubaker at:

cbrub@spring-ford.net



Visit the Spring-Ford Football Website

www.spring-fordfootball.mobi

***** Now including**

Spring-Ford Rams



**Football
Camp**

**BE A SPRING-FORD
#PROGRAM**

(for students entering grades 2-9)

- *** Speed & Agility Training**
- *** Plyometric Training**
- *** Body Core Work**
- *** Position-Specific Competitions**

August 7-10, 2017

@ the 7th Grade Center Football Field

833 South Lewis Rd.

Royersford, PA 19468

**M & T 5:00 PM – 7:30 PM
W & Th 5:00 PM – 6:30 PM***

*SFYFB will hold "Skills & Drills afterwards

Bookmark, Like, and Follow Us!

www.spring-fordfootball.mobi

Facebook: Spring-Ford Rams Football

Twitter: @SFramsFB

Note: this is a non-contact camp

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Camp Information

Dates: M, August 7th – Th, August 10th

Time: M & T 5:00 PM – 7:30 PM

W & Th 5:00 PM – 6:30 PM*

*SFYFB will hold "Skills & Drills afterwards"

Grades:

Entering 2nd — 9th

Location: @ the 7th Grade Center Football Field

833 South Lewis Rd.
Royersford, PA 19468

Registration Information:

Register by July 21st
After July 21st or walk-ups;
please add \$10 late fee

Register Online @
<http://tinyurl.com/2017SFFBcamp>

Fee: Please make check payable to:
Spring-Ford Area SD c/o Football
\$50**

**if registered by July 21st, 2017

Late Fee:

\$60 (+\$10)

What to bring / wear:

Water bottle / jug
Sneakers and / or cleats
Shorts / T-Shirt

Spring-Ford Football Staff

Camp will be conducted by the Spring-Ford football and staff and varsity players.

Football Camp Agenda

Camp attendees will be instructed in offensive and defensive fundamentals, position-specific skills and techniques, as well as general football skills and techniques. This year we are adding speed, agility, core, and plyometric training, and position-specific competitions. Additionally, there will be information and emphasis placed on academic achievement, character, and sportsmanship.

Spring-Ford 2017 Varsity Schedule

Opponent	Stadium/Venue	Date	Time
Unionville	McNelly Stadium	8/25/2017	7:00 PM
Chester	Chester Stadium	9/02/2017	1:00 PM
Wilson	McNelly Stadium	9/08/2017	7:00 PM
Exeter	Don Thomas Stadium	9/15/2017	7:00 PM
Norristown	Norristown Stadium	9/23/2017	1:00 PM
Methacton	McNelly Stadium	9/29/2017	7:00 PM
B&O	Thomas J. Keenan	10/06/2017	7:00 PM
Boyertown	McNelly Stadium	10/14/2017	2:00 PM
OJ Roberts	Wildcats Stadium	10/20/2017	7:00 PM

Camp Overview

Entering Grades 2 – 9
\$50 if registered by July 21st
\$60 if after July 21st (Walk-Ups
Welcome)

@ the 7th Grade Center Football Field

833 South Lewis Rd.

Royersford, PA 19468

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